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ENGLAND'S LATEST INGÉNUÉ EXPORT, 23-YEAR-OLD  
SINGER/SONGWRITER LIANNE LA HAVAS, IS EQUAL PARTS  
HAUNTING AND HOPE ON HER ECLECTIC DEBUT ALBUM,  
IS YOUR LOVE BIG ENOUGH? PAGE 17



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Monday, September 17,  
2012



News  
worth  
sharing.

# Fox: Now we have hope

**Marathon.** More than \$235,000 raised for cancer research from event at Carleton University by about 2,500 people who ran, walked or biked



JOE  
LOFARO  
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It has been 32 years since Darrell Fox lost his brother Terry to cancer during a cross-country marathon for research to fight the disease. The pain is still very much present for Darrell, but he said he is encouraged by the strides that have been made in treating the illness.

"Cancer was almost a death sentence back then," said Fox after speaking to runners at Carleton University Sunday. "Yes, people are still not surviving cancer, but we have come a long way and that bodes well for the future."

Returning for a second time to Ottawa for the annual Terry Fox Run, Fox said seeing hundreds of participants brought back fond memories of the support the nation's capital had back in 1980.

"I remember the day that

## Quoted

**"It was that support that allowed him to run another step, another mile every day."**

Darrell Fox, Terry Fox's brother, speaking about the support of the Ottawa crowds when his brother ran to raise money for cancer research

Terry ran through Ottawa and down Sparks Street Mall and just how uplifted he was from those who were running behind him and also those who had lined the road cheering him on," said Fox.

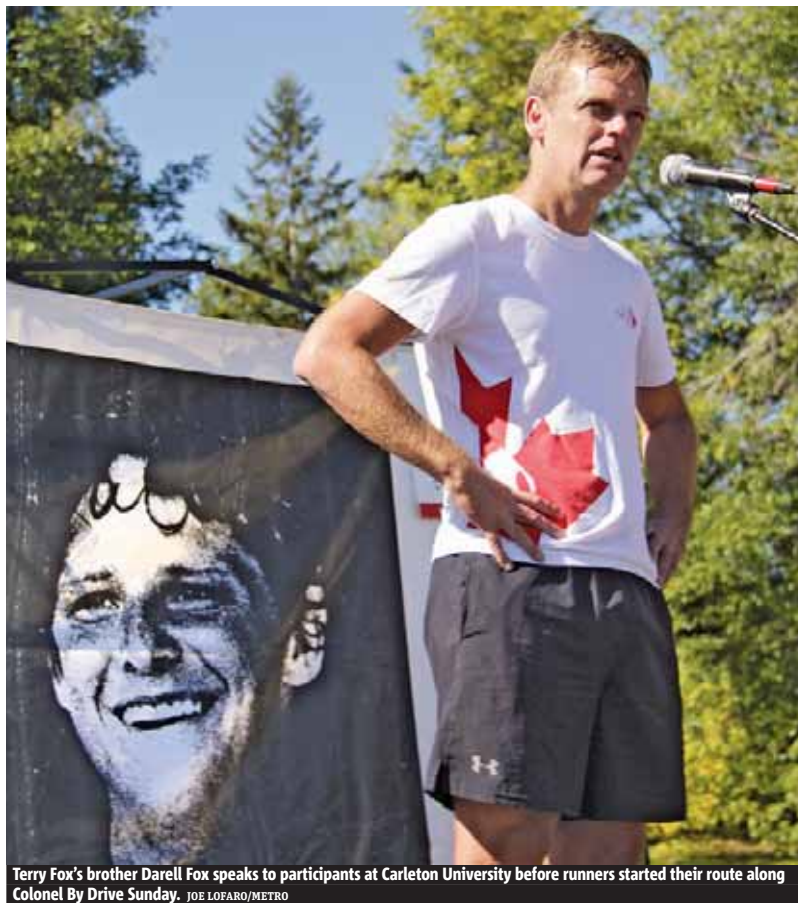
"It was that support that allowed him to run another step, another mile every day."

He said the support he remembers seeing back then when he was a teenager was very much alive Sunday. It was also a reminder of how much he misses his brother.

"It's not something you ever recover from," said Fox. "There will always be a void in my life because of it and I very much prefer to have him around."

The impact Terry's legacy has had on people over the years can overcome a little bit of the pain, he said.

Follow Joe Lofaro on  
Twitter @giuseppelo



Terry Fox's brother Darrell Fox speaks to participants at Carleton University before runners started their route along Colonel By Drive Sunday. JOE LOFARO/METRO

## Lockout bad for booze biz

Ottawa bar owner estimates a 30 per cent drop in revenue without hockey on the big screens PAGE 3

## Upping the bounty on Rushdie

Iranian group increases reward to kill controversial writer from \$2.8 to \$3.3 million PAGE 11

## Paella, minus the patience

Slow-cook your way to a quick and delicious version of this Spanish staple PAGE 20



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Swim club

## Girl found at bottom of pool survives drowning

A 14-year-old girl nearly drowned at Carleton University Saturday but was revived by lifeguards, paramedic service reported.

Around 7:12 a.m. paramedics were called to the university after the teen was found at the bottom of a pool during a swim club. The girl was "unresponsive and in cardiac arrest," paramedics said. Lifeguards pulled the teen from the pool and initiated two minutes of CPR. She soon regained a pulse and consciousness following a short seizure.

Upon the arrival of paramedics, the girl was awake and in serious condition. The patient had also ingested a significant amount of pool water.

Paramedics said in a statement they "stabilized and transported the very lucky teenager to hospital, where she remains in stable condition." **METRO**

Sinkhole

## Highway 174 eastbound lanes to reopen Monday

Relief will come to some motorists as the city said all eastbound lanes of Highway 174 will reopen Monday afternoon.

The highway has been closed since Sept. 4 after a sinkhole in the road swallowed a man's car.

But the city said the Jeanne D'Arc off-ramps will remain closed until repairs on that portion of the road are complete.

Repairs might wrap up early this week, weather permitting, the city said. Motorists are asked to exit at Montreal Road until repairs are done.

**JOE LOFARO/METRO**



## Cyclist suffers life-threatening injuries after being hit by car

A police investigator checks the scene after a 71-year-old male cyclist was struck by a car at King Edward Avenue near Laurier Avenue early Sunday. The cyclist suffered life-threatening injuries but was said by police to have regained consciousness. The collision was one of two police had to deal with. A second collision, which occurred after 10 a.m. at McArthur Avenue and North River Road, sent a female cyclist to hospital. **MIKE CARROCCETTO/FOR METRO**

# Bars to be hit hard by NHL lockout

### Keeping options open.

NFL football and other sports may help fill the void, but no replacement for hockey: Official



**SEAN MCKIBBIN**  
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Some bars in Ottawa could be looking at a massive drop in revenue as a result of the NHL lockout.

"It will cut our sales by about 30 per cent," said Doug Letcher, general manager of the Glue Pot Pub at 340 Queen St. "That's what happened the

last time. We saw sales go down by about 25 to 30 per cent."

Letcher, who's been in the business 14 years has painful memories from the 2004-2005 lockout, and he isn't alone.

"We're really pretty nervous," said Alex Munro, vice-president for business of Heart and Crown Irish Pubs.

"We have four pubs in the city. One will be significantly affected, but we expect all of the pubs will certainly feel it."

Munro said the James Street Pub at Bank Street and James Street is more reliant on sports fans than the other pubs. Coupled with new smoking bylaws banning patio smoking and layoffs to federal civil ser-

### Embracing other sports

"One thing we learned from the last lockout is we don't rely on hockey. We had to look at other avenues. We put more emphasis on music and started offering other sports like NFL, UFC, rugby — we brought Gaelic football in from Ireland. We even had the Cricket World Cup on." Alex Munro, vice-president for business, Heart and Crown Irish Pubs

vants, the lockout could even mean layoffs for some staff at the bar.

NFL football and some other sports can mitigate the pain to a degree, but there's no true replacement for hockey, Munro said.

Other bars that aren't as strongly positioned in the

sports market aren't as worried.

"Most of our regulars say they're going to watch a lot more football," said Kim Karam, general manager at the Royal Oak in the Glebe and a confessed hockey fan. "I think it's mainly the playoffs when we see hockey bringing people in."

Mobile news



Cricket

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# Low turnout a shock to many at Farm Aid concert

**High hopes.** Farm Aid organizer Don Foley confident about raising funds to help farmers despite low turnout Sunday afternoon



**JOE LOFARO**  
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The crowd at the Ottawa Stadium Farm Aid concert on Sunday afternoon was about as sparse as the rain the region had over the summer, but head organizer Don Foley remained optimistic.

"We'll break even," Foley said from an office as the band Ambush performed on a stage set up on the baseball diamond.

Foley, chairman of Ottawa Stadium Group and a local farmer himself, said he needed to sell 5,000 tickets to break even and pass on the profit to



**Country band Ambush performs at Ottawa Stadium on Sunday as part of Farm Aid, a benefit concert for farmers who have been affected by drought.**

JOE LOFARO/METRO

others farmers who were hit by the Level 2 drought in the Ottawa Valley.

The low turnout early in the day surprised many, including local farmer Doug Woodburn.

"We thought that the parking lot would be full, so we came kind of early and we're really disappointed in the

crowd," said Woodburn, next to fewer than 200 spectators at the front of the stage. "I thought that the place would be standing-room-only."

Woodburn's hay farm was spared from the season's dry conditions, he said. How well his soybean crop fares when he harvests it is yet to be determined.

Woodburn came to the concert with his wife to support other farmers and enjoy some good country music. Some of the big names in the event's lineup included Paul Brandt, Michelle Wright, and Jason Blaine. "The music is good," he said after listening to local singer, Gail Gaven.

Country fans Angele Godin and Christine Desrochers were just as surprised about the crowd but were having a good time. "There are a lot of high-calibre performers. I'm surprised it's not a little more packed than this," said Godin. "But it'll probably happen as the evening progresses."



## A champion reaches high

Grace Hart, 8, reaches up to pat RCMP horse Sam, while Const. Jeremy Tipper holds Sam's reins at the RCMP stables in Manor Park. Hart, who suffers from a rare blood disease called Diamond Blackfan anemia, is one of 12 Canadian Children's Miracle Network champions visiting Ottawa with their families before they travel to Disney World to meet up and have fun with U.S. champions. The champions are all children who have overcome life-threatening childhood illnesses. SEAN MCKIBBON/METRO

### Financing

#### Seniors' Village receives \$500K

Commissionaires Ottawa donated \$500,000 to the Perley and Rideau Veterans' Health Centre Foundation to help finance the facility's Seniors' Village, an affordable housing project for seniors and veterans that's slated to open in January. The new facility will help clients live independently and also help free up hospital and long-term-care beds.

METRO

### Wellington Village

#### Traffic to snarl on Holland Ave.

Lane closures to accommodate the Holland Avenue water-main reconstruction project will make traffic in the Wellington Village area even tighter this week.

Holland Avenue will continue to be reduced to one lane in each direction between Scott and Wellington streets, but the lane reduction will also be extended on Holland Avenue from Wellington to Tyndall streets beginning Monday at 9 a.m. until late fall, the city says. METRO

# FALL ESSENTIALS

## Jewel tones

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### My hands feel the sting

of the cold as I take my skis off the roof rack in an empty parking lot on a cold February morning. I mutter to myself, under my quite visible breath, "Why do I do this?"

I carry my gear into the patrol shack to see who else was foolhardy enough to show up this early. The old guys are getting their gear on. The young guys are slow moving and sleepy eyed, but are getting ready too. This year's recruits are fully dressed and bouncing around impatiently, waiting for the day to start. They remind me of myself a few years ago. The bottom line is, my friends are here, and I'm going to spend this day skiing with them. Maybe that's why I do it.

Twenty minutes before the hill opens to the public, we make our way past the line up of so called "die-hard" skiers waiting for the lifts to open, and load up, four by four to do our opening check. I've got my assignment for the morning; my team lead has me digging our toboggans out from under 20cm of fresh snow, and she's got me opening my favorite gladed run. I'm keeping the skiing public safe by cutting fresh lines through untracked snow, with the hill to myself. Maybe that's why I do it.

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Nine thirty rolls around, and I meet up with a few other patrollers for a hot chocolate, and a greasy breakfast. We catch up on the week, and consume some tasty calories to keep warm up. Maybe that's why I do it.

Back on the hill, the radio crackles: one of my colleagues is treating a skier with a broken leg. I'm the closest, so I grab the toboggan and head for the scene. Within minutes, we have our patient warm and secure, and en route to hospital, bagged and tagged as we say. Despite the broken bone, our patient left in good comfort and good spirits. Maybe that's why I do it.

A few more tasks, a few more incidents... a downhill race to provide first-aid services for, a run to close due to hazardous conditions, a lost child to reunite with a parent, tracking down some kids skiing out of bounds. The usual, really, and then it's time to close the hill. I've got my closing assignment: turn over out toboggans in case we get any more snow, and sweep a mellow cruiser run to make sure no skier gets left behind. I'm alone at the top of the hill, the lift has stopped, the crowds are gone, and everything is quiet. One more run. Maybe that's why I do it.

I arrive back at the clinic to take my ski gear off. We're getting out of your yellow-and-blues and into our civvies, and the patrol leader is giving us a quick debrief of the day's events. We've all been through some tough work today, and we've all had some good fun, but we've done it all together, as a team, and as friends. We check into the main lodge for a little après ski. Maybe that's why I do it.

The next day, my hands feel the sting of the cold as I take my skis off the roof rack in an empty parking lot on a cold February morning. I mutter to myself, under my quite visible breath, "Why do I do this?"

- Ryan Falls



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# Politicians, voters bracing for bitter fall Parliament sitting

**'Combat zone.'**  
New poll suggests tight race between Conservatives, Liberals and NDP

A quiet summer has given Prime Minister Stephen Harper's Conservatives some breathing room as they head Monday into what could be an acrimonious fall sitting of Parliament.

A new poll gives the governing party a seven-point lead over the Opposition New Democrats — a cushion they may need if a second omnibus budget-implementation bill sparks the same public backlash and all-out parliamentary warfare its predecessor did last spring.

The Canadian Press Harris-Decima survey put Conservative support at 34 per cent of respondents, the NDP at 27, the Liberals at 24 and the Greens at seven.

The results suggest Canadians may be slowly returning to "more traditional patterns of voting behaviour," said Harris-Decima chairman Allan Gregg.

Until now, New Democrats had been running neck and neck with — or even slightly ahead of — the ruling party, eating into core Conservative support among older, male and rural voters and core Liberal support among female and urban voters.

A relatively sleepy summer with little federal political controversy has likely helped settle voters back into a somewhat more traditional pattern. But Monday's resumption of Parliament could shake things up again.

"As we know, the House has become a combat zone and, absent that, things do settle down; there aren't those events that drive people's change in viewpoint as much," Gregg said.

Just how much of an enemy Parliament proves to be to

Harper's Conservatives will revolve primarily around the second budget-implementation bill, which government House leader Peter Van Loan describes as the "cornerstone legislation" of a fall sitting focused on job creation and economic growth.

THE CANADIAN PRESS

## Omnibus

The first omnibus budget bill was a massive grab-bag of measures, many that had little to do with the 2012 budget, including:

- A rewrite of environmental-protection legislation.
- An overhaul of employment insurance.
- Changes to employment-equity law.
- New rules for political advocacy by charities.



House of Commons maintenance workers Andre Dube, left, and Gilles Bourgon prepare the chamber for the return of Parliament. ADRIAN WYLD/THE CANADIAN PRESS

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# Pakistani protesters march on U.S. Consulate over film

**Anti-Islam.** Leader of Hezbollah calls for protests against movie that denigrates Prophet Muhammad

Hundreds of Pakistanis protesting an anti-Islam film broke through a barricade near the U.S. Consulate in the southern city of Karachi on Sunday, sparking clashes with police in which one demonstrator was killed and more than a dozen injured.

In a move that could escalate tensions around the Arab world, the leader of the Hezbollah militant group called for protests against the movie, saying protesters should not only "express our anger" at U.S. embassies but urge leaders to act.

The film, which denigrates Islam's Prophet Muhammad, has sparked violent protests in many Muslim countries in recent days, including one in Libya in which the U.S. am-

## YouTube

- Google is refusing a White House request to take down an anti-Muslim clip on YouTube, but is restricting access to it in certain countries.
- The White House said Friday that it had asked YouTube to review whether the video violated its terms of use. Google owns YouTube, the online video-sharing site.

bassador was killed. The U.S. has responded by deploying additional military forces to increase security in certain hot spots.

In a televised speech, Hezbollah leader Sheik Hassan Nasrallah said the U.S. must be held accountable for the film, which was produced in the United States. The U.S. government has condemned the film. **THE ASSOCIATED PRESS**



Supporters of Islamic political movement Hizb ut-Tahrir protest outside the U.S. Embassy in London against the U.S.-made anti-Muslim film mocking the Prophet Muhammad on Sunday. SANG TAN/THE ASSOCIATED PRESS

## Security concerns

### Canadian embassies close for day

Canada closed three of its Middle East embassies for the day Sunday because of continued security concerns.

A spokesman for Foreign Affairs Minister John Baird says the missions in Egypt, Libya and Sudan will not be open to ensure the safety of diplomatic staff.

The U.S. State Department ordered the departure of all family members and non-essential personnel on Saturday from posts in Sudan and Tunisia.

It blames the security situation in the capitals of Tunis and Khartoum.

**THE CANADIAN PRESS**



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# Flying Magnotta back to Canada a \$375K job

## Body-parts case.

Private jet that flew alleged killer from Germany to Canada comes at hefty price tag for taxpayers



Luka Rocco Magnotta is taken by police from a Canadian military plane in Mirabel, Quebec, on June 18. THE CANADIAN PRESS

The cost to Canadian taxpayers for Luka Rocco Magnotta's extradition from Germany, aboard a government plane fit for the prime minister, is expected to be about \$375,000.

The estimated price tag for the accused killer's unusual journey home includes flight expenses, catering service and a hotel stay for authorities who fetched the fugitive from across the Atlantic, according to federal documents obtained by The Canadian Press.

Berlin police arrested Magnotta in June to end an international manhunt following the killing of Chinese national Jun Lin.

Magnotta is facing several charges in connection with the gruesome slaying, in-

cluding first-degree murder. The 30-year-old porn actor and stripper has pleaded not guilty to all counts.

Magnotta flew home aboard one of the military's CC-150 Polaris Airbus transport planes, an aircraft that can be configured to accommodate prominent passengers such as the prime minister, foreign dignitaries, the Governor General and members of the Royal Family.

At the time, a police official told media that commercial airlines had declined requests to transport Magnotta across the Atlantic.

"How can we bring him back to Montreal on a commercial flight with other people sitting on board?" Cmdr. Ian Lafreniere said, shortly after Magnotta emerged from the plane. THE CANADIAN PRESS



## Protests erupt across China over islands

Anti-Japanese protesters are confronted by police as they demonstrate over the disputed Diaoyu Islands on Sunday in Shenzhen, China. Protests have taken place across China in a dispute that is becoming increasingly worrying for regional stability. LAM YIK FEI/GETTY IMAGES

### Sex scandal

## Woman to lead U.S. military unit

The U.S. Air Force has chosen a woman to lead its basic-training unit where dozens of female recruits have alleged they were sexually assaulted or harassed by male instructors in the past year.

THE ASSOCIATED PRESS

### 10 soldiers dead

## Sudanese army sinks own boat

An official says the South Sudanese military sank a boat carrying 170 of its own soldiers on the Nile river, killing at least 10, after mistaking them for enemy forces. Fifty soldiers are still missing.

THE ASSOCIATED PRESS

### Namibia

## Babies being flushed: Report

The Namibia Press Agency reports that some 40 babies and fetuses are dumped and flushed down toilets every month in Windhoek, Namibia's capital of just 350,000 people.

THE ASSOCIATED PRESS



# Reward for killing Rushdie gets a boost

**Old vendetta.** 1989 fatwa by late Iranian leader against British Indian author calls for his death over depictions of Muhammad in novel

A semi-official religious foundation in Iran has increased a reward it had of-

fered for the killing of British author Salman Rushdie to \$3.3 million US from \$2.8 million, a newspaper reported, days after protests coursed through the Muslim world over alleged insults to the Prophet Muhammad.

**Hardline** Jomhoori Eslami daily and other newspapers reported on Sunday that the move appeared to be linked to protests over an amateurish anti-Islam film, which crowds in some 20

countries said drove them to defend their faith — in some cases by attacking American embassies.

The report said the 15 Khordad Foundation will pay the higher reward to whoever acts on the 1989 fatwa, or religious edict, issued by Iran's late leader Ayatollah Ruhollah Khomeini, which called for the death of the author of *The Satanic Verses* because the novel was considered blas-

phemous.

The paper said the decision to boost the original reward, offered in the 1990s, came from foundation head Ayatollah Hassan Saneii.

Khomeini's fatwa sent Rushdie into hiding under police protection, but that didn't stop him from writing more novels. In 1990, he published an apology and reiterated his respect for Islam.

THE ASSOCIATED PRESS



Author Salman Rushdie poses on the red carpet Sept. 9 for the new movie *Midnight's Children* during the 37th annual Toronto International Film Festival. NATHAN DENETTE/THE CANADIAN PRESS

## Political stance

### U.S., Israel agree on Iran: Rice

America's ambassador to the United Nations says there's "no daylight" between the United States and Israel when it comes to stopping Iran from developing a nuclear weapon. But Susan Rice also says U.S.-Israeli intelligence indicates that the two nations have "considerable time" before that happens.

Rice was responding to a steady drumbeat of warnings in recent days by Israeli Prime Minister Benjamin Netanyahu that Iran is dangerously close to acquiring an atomic weapon.

THE ASSOCIATED PRESS

## Message of hate

### Anti-Semitic posters shock Winnipeg

Winnipeg police are investigating after "disgusting" anti-Semitic posters were put up around downtown Winnipeg Friday evening, targeting the city's Mayor Sam Katz and other members of the local community.

"I was shocked and disgusted to learn of the anti-Semitic posters that were put up throughout downtown Winnipeg late last night," said Vic Toews, MP for the riding of Provencher, in a statement on his website Saturday.

ELISHA DACEY/METRO IN WINNIPEG



### Ring in Rosh Hashanah

An Ultra-Orthodox Jew prays at the Western Wall in Jerusalem's Old City, before the start the holiday of Rosh Hashanah, early Sunday. Jews marked the holiday of Rosh Hashanah, or the Jewish New Year, at sundown Sunday. BERNAT ARMANGUE/THE ASSOCIATED PRESS

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## Labour negotiations

## CAW will focus on talks with Ford

The head of the Canadian Auto Workers says the union will focus its negotiations with the Big Three automakers on reaching a deal with Ford. Ken Lewenza says Ford has shown the most willingness to reach a new contract and the union will work around the clock to achieve that. The CAW has threatened strike action if there is no deal by late Monday night.

THE CANADIAN PRESS

## Foreign investment

## Rallies denounce India's decision to open retail market

Angry Indian opposition parties protested Saturday against the government's decision to open the country's huge retail market to foreign retailers. The government's surprise announcement that it will allow foreign investment in retail and aviation and the sale of minority stakes in four state-run companies has evoked sharp criticism.

THE ASSOCIATED PRESS

# On its anniversary, Occupy Wall Street struggles to define itself

## Sept. 17 celebrations.

What started as protest against corporate greed became protest against 'every social ill'

Occupy Wall Street began to disintegrate in rapid fashion last winter, when the weekly meetings in New York City devolved into a spectacle of fist-fights and vicious arguments.

Punches were thrown and objects were hurled at moderators' heads. Protesters accused each other of being patriarchal and racist and domineering. Nobody could agree on anything and nobody was in charge. The moderators went on strike and refused to show up, followed in quick succession by the people who kept the meeting minutes. And then the meetings stopped altogether.

In the city where the movement was born, Occupy was falling apart. "We weren't talking about real things at that point," says Pete Dutro, a tattoo artist who used to manage Occupy's finances but became dis-

## Loose affiliation

- The community that took shape in Zuccotti Park still exists, albeit in a far less cohesive form. Occupiers mostly keep in touch through a smattering of websites and social networks.
- Meetings are generally only convened to organize around specific events, like the much-hyped May Day event that ultimately fizzled last spring.

illusioned by the infighting and walked away months ago. "We were talking about each other."

The trouble with Occupy Wall Street, a year after it bloomed in a granite park in lower Manhattan and spread across the globe, is that nobody really knows what it is anymore.

On Monday, protesters will converge near the New York Stock Exchange to celebrate Occupy's anniversary, marking the day they began camping



The Raging Grannies, an Occupy Wall Street music group, sing a song Sunday in New York City's Foley Square on the eve of the one-year anniversary of the start of their movement. ANDREW BURTON/GETTY IMAGES

out in Zuccotti Park in lower Manhattan's financial district. Marches and rallies in more than 30 cities around the world will commemorate the day.

About 300 people observing the anniversary marched Saturday, and at least a dozen were arrested, mostly on charges of disorderly conduct, police said.

But the movement is now a shadow of its mighty infancy,

when a group of young people harnessed the power of a disillusioned nation and took to the streets chanting about corporate greed and inequality.

Back then it was a rallying cry, a force to be reckoned with. But as the encampments were broken up and protesters lost a gathering place, Occupy in turn lost its ability to organize.

The movement had grown

too large too quickly. Without leaders or specific demands, what started as a protest against income inequality turned into an amorphous protest against everything wrong with the world.

"We were there to occupy Wall Street," Dutro says. "Not to talk about every social ill that we have."

THE ASSOCIATED PRESS

## Twitter hands over records in Occupy Wall Street case

Twitter on Friday agreed to hand over about three months' worth of tweets to a judge overseeing the criminal trial of an Occupy Wall Street protester, a case that has become a closely watched fight over how much access law-enforcement agencies should have to material posted on social networks.

The social-networking site had been threatened with steep fines if it did not comply with Judge Matthew Sciarino Jr.'s order to turn over the records in the case of Malcolm Harris.

But the judge said he would

## Quoted

**"We are disappointed that Twitter is essentially giving up the fight."**

Martin Stolar, attorney for protester Malcolm Harris

keep the records sealed until after a Sept. 21 hearing challenging his ruling on the messages.

Twitter's lawyer, Terryl Brown, called the options it faced — waiving its right to appeal or being held in con-

tempt of court — "unfair" and "unjust," though ultimately he handed over a thick envelope full of Harris' information.

"We are disappointed that Twitter is essentially giving up the fight," Harris' attorney Martin Stolar said after the court hearing.

The Manhattan district attorney's office said Harris' messages could show whether he was aware of the police orders he's charged with disregarding during an Oct. 1 protest at the Brooklyn Bridge.

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# ON THE CURB, OUT OF MIND?



**URBAN  
COMPASS**  
Steve Collins  
ottawa@metronews.ca

It's not the slightest bit complicated, but I pay so little attention that I end up making it a weekly puzzle: paper or plastic? Is the magic recycling fairy expecting the black box this week or the blue box?

My solution is simple and effective, although less so than just reading the schedule stuck to the fridge: I walk outside and peer down the street to see what my better-organized neighbours have put out. In the early-morning dark of winter, a black box can look much the same as a blue box — especially before coffee — but this is my method, and it works.

It's possible, I suppose, that all my neighbours do the same thing, each relying in turn on other neighbours, and somewhere in the area, or somewhere in the city, at least, is the one bellwether who actually reads that collection schedule and keeps us all on track. (Lazy, inattentive people like me like to at least imagine we aren't alone in our negligence.)

Next month, when garbage collection goes biweekly, the dance will grow slightly more complex, and I will continue

## Half service, little support

If you don't recall cutting garbage collection in half among the election promises of 2010, it's because nobody ran on such a scheme. When the city first floated the idea last year — as a mere 'consultation,' of course — Orleans councillor Bob Monette said about 70 per cent of constituents he heard from opposed the change, and why wouldn't they?

to rely on those who pay more attention than I do. But I'll be guided by the helpful reminder of older-than-ever trash, finely ripened that extra week, or, in the case of a missed pickup, an extra month.

If you don't recall cutting garbage collection in half among the election promises of 2010, it's because nobody ran on such a scheme. When the city first floated the idea last year — as a mere "consultation," of course — Orleans councillor Bob Monette said about 70 per cent of constituents he heard from opposed the change, and why wouldn't they?

Looked at in the simplest possible terms, paying the same amount for half the service doesn't seem like much of a deal, but the old regime

made it too convenient to throw out as much as we wanted with as little thought as possible, and the results have been piling up at the Trail Road landfill.

The new household limit of three bags of trash every two weeks, coupled with unlimited recycling (weekly green-bin pickup and blue- and black-box recycling in the same alternating weekly pattern) is supposed to save \$9 million a year and give us two more years of dumping our crap at Trail Road, extending its career to 2032.

To buy that extra time, the new system will have to boost the amount of waste diverted from the landfill from our current 44 per cent to 54 per cent, an exceedingly (maybe even excessively) modest goal.

San Francisco, which has some of the toughest recycling and composting regulations for households and businesses, now keeps a whopping 78 per cent of its trash out of the dump, with an ultimate goal of zero waste by 2020.

Prudently, the city waited until fall to bring in the changes, so that we'll have all winter to get our act together by the time the weather warms up and missed collections are more likely to result in malodorous mishaps for households and succulent windfalls for the raccoons.

In the meantime, the most important effect of spending that extra week with our garbage may be that it makes us pay a little attention to what we're throwing out, rather than stuffing so much in garbage bags, kicking it to the curb, and waiting for it to disappear. That disappearance, after all, is an illusion.

As Annie Leonard writes in *The Story of Stuff*, the book based on her animated web documentary, "When we throw it away, there is no 'away.' Period."

For my absent-minded plastic-or-paper-this-week cohort, the city has introduced an online service to remind you of your new collection days by phone, email or Twitter.

They're also sending out reminder letters, which will fit nicely in your black box. But which week does it go out again?

# Now you're just pulling my finger



MATTHIAS SCHRADER/THE ASSOCIATED PRESS PHOTOS

## German championships

### More than just twiddling thumbs

A Bavarian man pulls his opponent over the table during the German Finger Wrestling championships in Warrgau, Germany, on Sunday.

Competitors battled for the title in this traditional rural sport where the winner has to pull his opponent over the marked line on the table.

In the game — also known as Fingerhakeln — the competitors use nothing more than their fingers and a leather band to defeat opponents.

THE ASSOCIATED PRESS



A judge adjusts the leather band held by two competitors with their middle fingers at the German Finger Wrestling championships in Warrgau, Germany, on Sunday.

## Lederhosen-clad men

- More than 150 men in Warrgau took part.
- Legend has it that finger wrestling started as a way to settle arguments, *Time* magazine says.
- Bloody knuckles, stretched ligaments and tendons are all part of the competition, according to the magazine.
- The tug-of-war is now a regulated sport, with rules governing the size of the table and width of the leather band.



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## What's the best thing about a good fall downpour?

14%  
PUDDLE  
JUMPING

20%  
STYLISH  
RAINCOATS/  
RAIN BOOTS

13%  
BUMPER  
CROPS

53%  
EXCUSE FOR  
A B-MOVIE  
MARATHON



## Twitter

@JoshYohe\_Trib:

"If you aren't depressed enough, I will have more on NHL lockout tonight." Gee, thanks

@jmigneault:

@AndrewNg\_ I wonder if the KHL will see a big boost if the lockout goes on for a while.

@HoneyBxox:

And the #NHL lockout is official! Thank god for the #OHL and @Ottawa67sHockey maybe I will make it through the season after

all

@madelineoars:

Since there's an NHL lockout I feel like it's okay for me to bitch about football.

@cfl\_fan:

Re: NHL lockout, I do feel for the people who have jobs that depend on the league. Just shows how selfish the two sides are. #nhllayout



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## 2 SCENE



**Bad 25**, directed by Spike Lee, features commentary from celebrities who were inspired by Michael Jackson, including Mariah Carey. HANDOUT

# Spike Lee doc transcends the man in the mirror

**Bad 25.** Documentary puts spotlight on the undeniable talent and human side of Michael Jackson — behind the fame and chaos

LIZ BROWN  
scene@metronews.ca

What do you do when you're the man behind the bestselling album in music history?

You vow that your next one will be even better, naturally.

Such is the pursuit of perfection that propelled — and plagued — Michael Jackson as he spent two years writing and composing *Bad*, his followup to 1982's *Thriller*.

In Spike Lee's documentary, *Bad 25*, we learn that in the

*Bad* years, Jackson scrawled '100 million' on his bathroom mirror, so every morning as he brushed his teeth, he'd be reminded of his goal — sell 100 million records.

The album, released in 1987, ended up being a commercial and critical success, with around 40 million copies sold. But it never came close to the sales of *Thriller*, which rang in somewhere near the 100 million mark.

The failure to reach his 100 million goal wasn't for lack of effort on Jackson's part, though.

*Bad 25* reveals the late-night dance sessions, the meticulous recordings and the almost pathological work ethic of a man who seemed to be chasing a near-impossible dream.

"Michael got his work ethic from his father," says Lee on Saturday at Toronto's Trump Hotel, dressed in a T-shirt sporting Michael Jackson's iconic

*Bad* pose, just hours before the North American premiere of his documentary at TIFF.

"(Joe Jackson) had him singing and dancing from five, six years old. I'm not going to make a villain out of Joe Jackson. Many people do, but he got their asses out of Gary Indiana and his children didn't have to work at the steel mill that he slaved at. Something worked. He's not all bad."

But as anyone knows, getting out of Gary and becoming the world's biggest pop star didn't come without its struggles. As Jackson was promoting *Bad* and selling out venues around the world in a 16-month tour that set three world records, darkness was moving in on his star power.

The media became increasingly cruel as Jackson's behaviour became increasingly bizarre — there were tales of him sleeping in a hyperbaric

## So bad it's good

The issue of the *Bad* album, *Bad 25*, comes out on Tuesday.

- **Album.** Includes unreleased demos and a DVD of his performance at Wembley Stadium, attended by Prince Charles and Princess Diana.
- **Documentary.** Spike Lee's documentary *Bad 25* will air on ABC on November 22.

chamber, his pet chimpanzee Bubbles, and rumours that he had tried to buy the Elephant Man's bones.

In the documentary, Jackson's choreographer and confidant Vince Patterson shares some advice he gave the superstar: Don't ever let a bully know

they're hurting you.

It's a poignant moment when we are reminded that despite his fame and fortune, Jackson was human — a remarkably talented human — and that somewhere in the mess of scandals and rumours, the wonder of that talent got lost.

*Bad 25* reminds us just how wondrous that talent was. Witness the lean in *Smooth Criminal* (don't hold your breath — this doc doesn't reveal the secret behind it), or the head-turning intro to *The Way You Make Me Feel*.

For Lee, *Bad 25* is an ode to Jackson the performer; a tribute to an artist and friend he respected. "I try not to focus on the fact that he's not here, because the way I take it, Michael's not here in his physical form, but he's here in his spiritual form and his music is here," says Lee.

On the web



Qrikel

Star Trek actor George Takei unveils a musical inspired by time in Japanese internment camp.

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# Lianne La Havas has Big love

**New music.** English entertainer arrives on the scene with a soul-folk sugar that is whip-smart and refreshingly honest

**EVE HYMAN**  
Metro World News

England spawns smart, lovely songbirds like Adele and Lily Allen and, its latest ingénue, Lianne La Havas.

The debut from the 23-year-old singer/songwriter, *Is Your Love Big Enough?* features jazz-soul production and haunting pipes. Comparisons to Norah Jones or Lauryn Hill are to be expected. But La Havas' style is remarkably original and uplifting.

"When I started playing the guitar, my songwriting changed," she says. "I started exploring different ways I could write songs."

Her look is Paris boudoir meets English country road. She is a retro vision seeped in Sade echoes and jazz guitar.

Songwriting has a through-the-looking-glass sort of poetry that keeps the listener hooked on every syllable so as not to miss a poignant turn of phrase.

"It's quite an eclectic record," the singer says. "There's an overall theme of love. The sounds are very electric-guitar led."

Guitar lines alternate from harp-like tinkles to rhythmic slide on songs like *Empty* and *No Room For Doubt* and bass-y riffs

on the powerful *Forget*.

With lyrics that are both earnest and whip-smart, La Havas effortlessly weaves whimsical with wise. Even her blues sparkle. Drop-

ping in on the artist's world is a pleasure, her Victorian neckline and cosy-chic side-bun package is a homespun musical treat.

"It's quite easy to write

about your pain but you should write about your happiness as well," she explains. "It's just as strong a relationship."

The singer says the title

track of her album features a different type of strong relationship.

"My single, *Is Your Love Big Enough?* is not about any of my boyfriends," she

## Quote

"It's quite easy to write about your pain but you should write about your happiness as well. It's just as strong a relationship."

Lianne La Havas

Talking about how she writes her songs.

says, bucking the scorned woman trend. "It's written about a great time I had when I was in New York."



Lianne La Havas is one for the future. GETTY IMAGES



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# Weeds showing it's all grown op

**Weeds.** As the cult hit ends, Mary-Louise Parker reflects on her controversial character

**AMBER RAY**  
Metro New York

While eight seasons of *Weeds* came to a close last night, one lingering question regarding pot-selling mom Nancy Botwin remains: is she an indomitable provider for her family or the worst mother

## Quote

"She continues to make the wrong choices."

Mary-Louise Parker

ever?

"I never want to resolve that," series creator Jenji Kohan says. "I mean, one of the main premises of *Weeds* is this gray area, that no one is black and white, that no one's the worst mother or the greatest mother, that everyone is a mess to a certain extent and you're not defined

by how you're behaving on one specific day."

The woman who brought Nancy to life, actress Mary-Louise Parker, believes that realistic dichotomy — illegal endeavors aside, perhaps — is what has made the character so endearing.

"She's guileless," Parker says. "She just continues to make the wrong choices. Her heart's usually in the right place, and she just can't be defeated, and she keeps trying. When I distill her into one thing, that's what I think about ... and what I like about her."



Mary-Louise Parker believes the dichotomy of her character is what makes her so charming. HANDOUT



## Kristen 'poured her heart out'

Have Kristen Stewart and Robert Pattinson moved back in together?

"They pretty much decided they couldn't live without each other," a source tells Perez Hilton.

"Kristen poured her heart out to Robert and told him it was a one-off and a mistake. Rob sees it as Kristen made a really stupid mistake."

This conversation apparently took place on Reese Witherspoon's ranch — while Ryan Phillippe took notes hiding in a laundry basket. (Kidding Ry.)



Kristen Stewart



Diana Agron

## Agron not very Glee-ful?

Where was Diana Agron, a.k.a. Quinn, on the Glee season premiere? Word is the cheerleader will be leaving the series earlier than expected.

"Dianna was unhappy and had been trying to get

off the show for a while," an insider tells Us.

"She and producers came to an agreement where they let her go. That's what she wanted." A rep for the show and the network said the report was false.

## METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Nicki Minaj and Keith Urban join Idol



THE WORD  
Dorothy Robinson  
scene@metronews.ca

The new judges panel for the 12th season of American Idol was announced Sunday via a press release from Fox. Joining confirmed judges Mariah Carey and Randy Jackson will be the new additions of Nicki Minaj and Keith Urban.

"With the exciting addition of Mariah Carey, Keith Urban and Nicki Minaj, alongside Randy Jackson, American Idol's star power

has never been so great," said Idol executive producer Simon Fuller in a boilerplate quote. Judging by other statements in the release — "We've put together one of the most exciting judging panels around," said Mike Darnell, president of alternative entertainment for Fox — you can tell the network honchos are feeling the heat from the other all-star panels at rival singing competitions such as The Voice and X-Factor, where Britney Spears is currently killing it as a judge.

What do you think of these new additions? As always, feel free to write in to let me know your opinion. As for this gossip columnist, I just hope Nicki Minaj's multiple personalities can make up for Urban's lack of one.



Kate Middleton ALL PHOTOS GETTY IMAGES

## Royal lawyers: Block those nips!

Will the Italian media group Mondadori lose their shirts for publishing photos of Kate Middleton without hers on?

It certainly looks that way, with the Royal Family seeking damages from Mondadori, which is owned by former Italian premier Silvio Berlusconi.

Lawyers for the Royals are also going to court in France to try to stop further publication in that country of the now-infamous top-

less photos of Kate.

Meanwhile, YouPorn.com — a site that usually doesn't need publicity — has generated some by offering an "open checkbook" to procure the snaps.

It might just be me, but it's hard to find any sympathy for Middleton. When you know you are going to become the next Queen of England, it's time to put your topless sunbathing days behind you. Seems like a fair swap, right?

## Lively-Reynolds wedding was super top-secret

Green Lantern co-stars Blake Lively and Ryan Reynolds married in secret last week, and People Magazine says you weren't the only one out of the loop. "Not even the people who baked the cake or the plantation owners had any idea," that the wedding was happening, says their senior writer.



Ryan Reynolds

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# Mobile manners: Teach them etiquette, and take notes yourself



Teach your kids mobile manners early on. ISTOCK

**Parenting.** Back to school shopping often involves getting the latest cellphone. Too bad the instruction manuals don't include lessons on behaviour



IT'S ALL RELATIVE  
Kathy Buckworth,  
kathybuckworth.com

The new school year is well underway, and with it, a new learning challenge for parents: How to teach kids to use their cellphones.

Not just from a safety perspective (not texting or talking on a handheld device when driving, not walking across busy roads and texting, not giving away passwords, etc.), but from a "mobile manners" point of view as well.

It's important as role models that parents practice what they preach and adhere to the following rules themselves.

- Not texting or answering calls when in the middle of a conversation, unless you have advised the person you're speaking with you might have to do so at some point.

- No texting during mealtime. (First one to pick up their phone does the dishes!)

- Enforcing that you support the "no cellphone" rule in the classroom by not calling or texting your kids during the school day unless urgent.

- Not talking on a cellphone in quiet public places.

It's also important to research the coverage plan you want to purchase.

Examine the type of usage you expect your child to have (just texting and calling, no Internet access for younger kids) and speak to an independent dealer who can show you different carrier packages.

Unlimited plans are available, and a pre-paid option will easily keep the budget in line.

Depending on the age of the child and his earning ability, have him pay for the monthly usage to get an understanding of the expense.

And remember, even the "smartest" of phones can be simplified down to just texting and talking, depending on the plan you choose, so repurposing an old smartphone of your own is an option.

KATHY BUCKWORTH IS AN AWARD-WINNING WRITER. VISIT [KATHYBUCKWORTH.COM/](http://KATHYBUCKWORTH.COM/) OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH

## Cells by the numbers

According to a new study by President's Choice Services Inc., 48 per cent of Canadian parents with children aged 11 and older now let their kids carry a cellphone. The majority of Canadians (52 per cent) felt somewhere between the ages of 13 to 16 was an appropriate age to give a child a mobile device, compared to the 31 per cent of Canadians who felt that teens age 17 or older could better handle the responsibility of a cellphone. Approximately 10 per cent cited 9 to 12 as the right age bracket; while only one per cent felt children aged 6 to 8 should have their own mobile device.

## Exclusively online

[metronews.ca/voices](http://metronews.ca/voices)

- **In style.** Why did Mommy's fashion sense go out the window with her abs? Follow along with the comedic (mis) adventures of mommyhood online with Reasons Mommy Drinks at [metronews.ca/voices](http://metronews.ca/voices)

# Head lice don't have to create a hairy situation

LINDA LABAN  
Metro World News in Boston

Head lice isn't an aspect of parenting that anyone wants a part of, but it's so common that most end up dealing with it at some point.

"Lice are so prevalent, I've had to deal with it as a parent, too," says Boston-based pediatrician Dr. Nancy Kahn, a clinical instructor of pediatric medicine at Harvard Medical School.

"One study found that one in four elementary school kids gets them. They're so contagious, but they have to be transported by another vehicle. You get them from sharing scrunchies, a comb, brush or hat with someone who has them."

The big problem isn't killing the adult lice; it's detecting the eggs, called nits, and removing them to prevent further infection.

Nits stick like glue to the hair shaft. "The eggs

## Hair to help

Here are some resources to rid your child's hair of lice.

- **Ladibugs.** This chemical-free line includes shampoo, conditioner, leave-in mint spray, serum and mousse. The company also offers a 24-hour hotline if you find yourself in need of help. [ladibugshaircare.com](http://ladibugshaircare.com)
- **Fairy Tales Hair Cares.** Its Rosemary Repel line of hair care utilizes organic ingredients such as rosemary, tea tree, citronella, peppermint and lavender oils to combat the pesky bugs. You can also

download its free iPhone app, The Facts of Lice, to learn about outbreaks in your area or report one of your own. [fairytaleshairecare.com](http://fairytaleshairecare.com)

- **LiceGuard.** In addition to pesticide-free shampoo, LiceGuard also makes the Robi Comb, an electronic comb that kills lice on contact. [liceaguard.com](http://liceaguard.com)
- **Lice picking.** If you go online, you'll find a number of companies where people will remove the lice from your children's hair.

are grayish-white," Kahn says. "If you see a white spot on the hair that can be flicked off, it isn't nits, it's dandruff or [lint]. If it's stuck on the hair, it's nits."

Treatment varies from over-the-counter shampoos

and topical solutions, but "these contain pesticides, so there is the worry that you're putting pesticides on your child's head for several hours," Kahn says.

For a home remedy, try olive oil: "This basically suffocates them," she says.



A study found that one in four elementary school kids get lice. ISTOCK

# 3 THE

## On the web



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find out what's inside.

# Slow cook mouth-watering flavours of delectable paella



**ROSE REISMAN**  
for more, visit  
rosereisman.com

I love paella but I find it takes too long to cook, especially if I've just walked in the door and want something on the table in a hurry. The slow cooker is the perfect solution. All you have to do is add the seafood 30 minutes before you're ready to eat.

1. Cube chicken and dust with flour. Lightly coat a large, non-stick skillet with cooking spray and set over medium-high heat. Add the oil. Brown the chicken on all sides, for about 3 minutes or just until cooked. Remove from the pan and set aside.

2. Again lightly coat the pan with cooking spray. Add the sausage and cook over medium-high heat for 5 minutes or until cooked through. Remove from the pan with a slotted spoon, draining as much of the fat as possible. Set aside.

3. Wipe out pan and respray. Cook onion and garlic over



This recipe serves four. RYAN SZULC, FROM REISMAN'S FAMILY FAVOURITES (WHITECAP BOOKS)

medium-high heat 4 minutes or until softened. Stir in peppers and cook 3 minutes. Stir in the rice and cook for 1 minute. Add the chicken, sausage, chicken stock, tomatoes, basil, oregano, bay leaf, saffron (if using), salt

and pepper. Bring to a boil.

4. Place everything in slow cooker and cook on low setting 3 hours or on high setting for 5 hours. Add shrimp and mussels during last 30 minutes

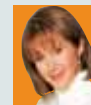
## Ingredients

- 12 oz skinless boneless chicken breasts
- 3 tbsp all-purpose flour
- 2 tsp vegetable oil
- 6 oz mild Italian sausage, cut into 1/2-inch pieces
- 1 cup chopped onion
- 2 tsp finely chopped garlic
- 1 cup chopped red and green bell pepper
- 1 cup brown rice
- 3 cups chicken stock
- 3 cups chopped plum tomatoes
- 2 tsp dried basil
- 1 tsp dried oregano
- 1 bay leaf
- 1/2 tsp crumbled saffron threads (optional)
- pinch of salt and pepper
- 8 oz raw shrimp, peeled and deveined
- 12 mussels, scrubbed and debearded
- 1/4 cup chopped parsley

if slow cooker is on the high setting, or during last 60 minutes if on low. Serve garnished with parsley. **ROSE REISMAN'S FAMILY FAVOURITES (WHITECAP BOOKS)**

## Healthy eating

### Choose it and lose it



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for more, visit  
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When you find a chip that sounds healthy, check the method with which it's made because that's where a lot of the calories and fat hide.

### Terra Chips (50 g) and spinach dip (2 tbsp)

**420 calories/ 34 g fat**

Root vegetables made into chips sounds healthier than regular potato chips. But deep frying still multiplies calories and fat.



### Equivalent

Fifty grams of Terra Chips with two tablespoons of spinach dip is equal in fat to an entire McCain's thin crust whole-wheat pizza with marinated tomato and chicken.

### Pop Chips (50 g) and salsa (2 tbsp)

**218 calories/ 7 g fat**

These chips are much lower in calories and fat. They are popped rather than fried or baked.



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## Comfort food reaches a whole new level. Pulled Chicken and Hominy Stew

Hominy is one of those foods you might think you've never tried, yet almost certainly have. Or at least a close relative of it.

Hominy is the name given to whole corn kernels, usually white, that have been cooked in a lye or lime solution to remove their thick hulls. The result is a tender, somewhat bulbous kernel with a chewy texture and a clean, corn flavour.

In Latin America, they're used most often in soups and

## Ingredients

- 1 tbsp olive oil
- 1 large yellow onion, diced
- 4 cloves garlic, minced
- 1 tsp each ground cumin, cinnamon, cayenne pepper, smoked paprika, mustard powder
- 1 lb steak tips, cut into 1-inch chunks
- 1 quart beef broth
- 2 cups red wine
- 6-oz can tomato paste
- Juice of 2 limes, divided
- 1 tbsp Worcestershire sauce
- 2 lbs boneless, skinless chicken breasts, cut into large chunks
- 2 red bell peppers, cored and chopped
- 29-oz can hominy, drained
- 1/4 cup packed brown sugar
- Salt and ground black pepper
- 1/4 cup chopped cilantro



This recipe serves eight. MATTHEW MEAD/ THE ASSOCIATED PRESS

stews, such as pozole, a highly seasoned stew of hominy, pork and chili peppers. The Southern staple known as grits follows a similar path. In this case, the hominy is dried after processing, then coarsely ground. The resulting meal then is cooked with water to a porridge-like consistency.

Here, it's used to make Pulled Chicken and Hominy Stew.

1. In saucepan over medium-high heat, warm oil. Add onion, garlic, cumin, cinnamon, cayenne, paprika and mustard powder.

2. Sauté until the onions are

tender, about 4 minutes. Add the steak tips and sear, turning to brown, about 3 minutes.

3. Add the broth, wine, tomato paste, juice of 1 lime, and Worcestershire sauce. Bring to a simmer. Add the chicken, then cook for 15 to 20 minutes.

4. Use slotted spoon to transfer the chicken to a cutting board. Shred it and then return to pot.

5. Add the bell peppers, hominy and brown sugar. Simmer, uncovered, for 5 to 6 minutes. Season with salt and pepper, then stir in the juice of the remaining lime and the cilantro.

**THE ASSOCIATED PRESS**



**The In-Credibility Factor**



Ray Cao PROVIDED

**Name:** Ray Cao  
**City:** Toronto  
**Age:** 25  
**Occupation:** Loose Button Luxe Box Founder



**THE IN-CREDIBILITY FACTOR**  
Teresa Kruze  
life@metronews.ca

Started an online apparel company but found the market was saturated. Switched to Luxe Button where consumers can sample new beauty products. Thirteen months later, Cao now employs 15 people and his membership base is on track to reach 100,000 people.

**I knew I was on my way when...** We got one order, then four, then 15. Soon my cellphone was ringing with non-stop orders. Since then we've grown extremely fast. It all started with a simple idea we wanted to test and it grew from there.

Just a few weeks ago

we launched into the U.S. We are looking to build a platform where all types of products can be sampled and ordered on a subscription basis. We have some crazy growth plans in play. This is just the beginning.

**Action Plan**

- You've got to surround yourself with the right people. Ideas change but as long as you have a strong core team they will help you get through the difficult times.
- Fail fast, fail cheap and fail often. You won't get it the first time. Most overnight successes are built over 10 years and people have to realize they don't happen right away
- A lot of first-time entrepreneurs set themselves up for failure and then they give up. Sometimes the extra push makes all the difference. A couple of days could make an incredible difference so never give up.

# Tailoring the way we learn to love our land

**Guru of green.**

Author suggests mixing the emotional with the ecological when teaching environmental education

**BRUCE WALSH**

Metro World News in Philadelphia

Best-selling author and self-help guru Daniel Goleman is known worldwide for stressing the importance of emotional intelligence in developing one's full potential.

While the term had been around for decades, Goleman's 1995 book, *Emotional Intelligence: Why It Can Matter More Than IQ*, popularized the concept. Broadly speaking, emotional intelligence is seen by many as an ability to gauge one's own emotions as well as the emotions of others, and to build relationships around this understanding.

Now Goleman is incorporat-

**Five steps**

The Center for Ecoliteracy has outlined five vital practices for teaching environmental studies to Kindergartens to Grade 12 students.

- Developing empathy for all forms of life
- Embracing sustainability as a community practice
- Making the invisible visible
- Anticipating unintended consequences
- Understanding how nature sustains life



You're never too young to start making positive changes for our planet. ISTOCK

**In a class that cares**

**We've pushed nature's systems to the brink in a lot of ways right now, so if you bring emotional intelligence to teaching about ecological issues, you can be a lot more effective.**

Ecoliterate co-author Lisa Bennett

ing his environmental passions into his educational philosophy. His latest, *Ecoliterate: How Educators Are Incorporating Emotional, Social and Ecologic-*

al Intelligence, was written in partnership with the Berkeley-based Center for Ecoliteracy.

"In teaching people about ecological issues — whether it's K to 12 or in the university — there's something that happens on an emotional level, and that's fear and anxiety," says co-author Lisa Bennett. "We've pushed nature's systems to the brink in a lot of ways right now, so if you bring emotional intelligence to teaching about ecological issues, you can be a lot more effective."

"Ecoliterate" investigates eight cutting-edge environmental education programs, from Kentucky to Alaska, looking for effective blueprints for

this new curriculum. While the book is primarily directed at Kindergarten to Grade 12 teachers, the authors suggest that these programs could be easily adapted for the college level.

"In Dan Goleman's seminal books, he showed how critical emotional and social intelligence is to allowing people to be effective," says Bennett. "We discovered in 'Ecoliterate' that, actually, each form of intelligence is an extension of the other, and eco-intelligence is related to both: It boosts academic achievement, because it's tied to emotional learning, and it develops strength, hope and resilience in students."



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# The kids are all right: our country's youth defying odds

## Education nation.

Canada's young people largely working or learning, international OECD report says

Economic turmoil may have been pushing young people out of the workforce and sidelining them from their educational goals, but a report from the Organization for Economic Co-Operation and Development suggests Canada's youth are faring better than most.

The organization's Education at a Glance report found that 14 per cent of Canadians between 15 and 29 years of age were neither employed nor in education training, a measure commonly referred to as NEET.

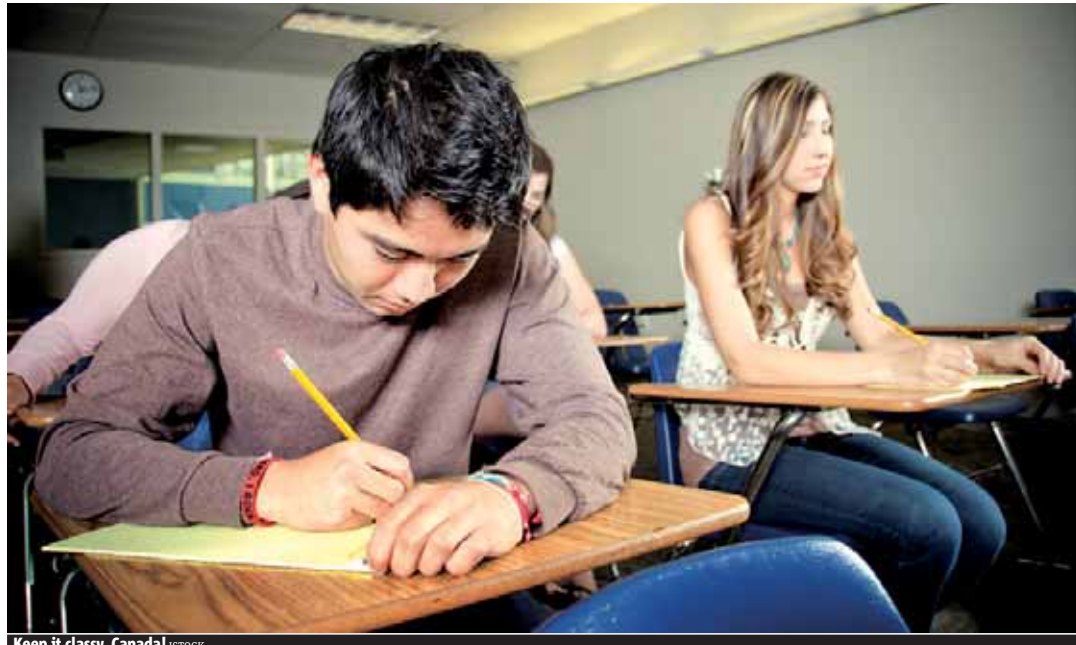
Canada's numbers were below the international average of 16 per cent, a figure the organization said had been impacted by global economic turbulence.

The report was based on figures available from 2008 to 2010 — and the OECD said those trends are likely still rising due to more recent economic turmoil.

Canada's NEET youth were almost equally divided along gender lines, with boys only slightly more likely to find themselves outside either the education system or the labour force.

The NEET measurement from the OECD echoes findings from Statistics Canada released last May.

The country's national data collection agency found only 13 per cent of



Keep it classy, Canada! ISTOCK

## Funding our future

**"Investing from an early age is crucial to lay the foundations of later success. High quality education and skills have to be among the number one priorities for governments, for economies and for societies."**

Angel Gurría, OECD Secretary-General

the 6.8 Canadian youth qualified as NEET, continuing a trend that has stayed

more or less static for the past two decades.

The OECD had previously stated Canada had the second-lowest NEET rating among G7 countries. Tuesday's report examined a variety of educational metrics for 42 countries worldwide.

Canada's NEET rate was situated in the lower half of the report's spectrum, but was higher than the figures for Netherlands and Luxembourg, who boasted NEET rates of seven per cent.

Turkey had the highest NEET rate at 37 per cent, a number that reflected the fact that more than half the country's women were excluded from both education

and work.

The OECD report repeatedly stressed the need for governments to step up investment in education if they hope to limit inequality and improve employment prospects for their citizens.

"Countries need an increasingly educated and skilled workforce to succeed in today's knowledge economy," OECD Secretary-General Angel Gurría said in a statement.

"Investing from an early age is crucial to lay the foundations of later success. High quality education and skills have to be among the number one priorities for governments, for econ-

omies and for societies. Supporting the poorest and ensuring equal access is another important pillar in an inclusive education policy."

The OECD report flagged the average NEET rate as a particularly telling measure of a country's future prospects.

The typical 15-year-old looking ahead 15 more years could expect seven years of education, 5.5 years of work, one year unemployed and 1.3 years out of the workforce entirely.

Although some in that last category were raising families, the OECD said, the high unemployment figures among young adults, espe-

## Girls on the grind

Teenage girls in OECD countries were found to be more ambitious than boys when it came to their future careers.

- They were significantly more likely to expect jobs in high-status, professional careers.
- But relatively few envisioned themselves in engineering or computing, both fields that remain dominated by men.

cially in countries with low birthrates such as Spain and Italy, indicate a grave problem.

According to the report, the prospect of unemployment among the young is less dismal for those with more education. It found that higher education reduced joblessness by eight percentage points among 20 to 24-year-olds and 6.7 percentage points among 25 to 29-year-olds.

The report found one major reversal: Young women, for the first time, are more likely than young men to finish high school, are outpacing men in entering university-level education, and are catching up even in vocational schools.

The gap was most pronounced in Iceland and Portugal, where women's high school graduation rates were higher than men's by 20 percentage points or more.

THE CANADIAN PRESS

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# Hoping for a great year? Join the club!

**Guide to the groups.**  
How to sign up for a social circle most suited to you

**RAISHAD HARDNETT**  
Metro World News in New York

Grades, grades, grades. That can't be all college is about – can it? University professionals suggest that academic growth is only one of the many types of student development in college. Still, for the typical college freshman who first stumbles on to campus and sets his eyes upon the hundreds of students marching around, the idea of finding a suitable extracurricular niche, group or activity can seem daunting.

## Take a breath

The short and long-term benefits of joining a club far outweigh the initial anxiety. Here are three expert-approved reasons for becoming involved in a student organization



You can find them in a club! iStock

## Networking

According to Hikaru Kozuma, the executive director of the University of Pennsylvania's Office of Student Affairs, one outcome of club involvement is increased professional interaction.

"As part of a student organization, (students) can interact with staff, faculty and other members of the surrounding community to learn how to collaborate and work with others," he says. This is an especially

vital skill, as the U.S. Bureau of Labor Statistics affirms that 70 per cent of jobs are found through networking.

## Leadership skills

In addition to socializing with students who have similar interests, Gina D'Annunzio, director of student activities at Temple University, argues that extracurricular involvement also brings a long-term benefit: workplace competencies.

"My student organizations helped me create examples in job interviews for times when I completed a project from start to finish, worked in a team and showed initiative," she says. "Those are things that you can use that are tangible and marketable."

Although some may worry that too much club involvement could take away from a student's focus on scholastic endeavors, D'Annunzio points to an impressive statistic gathered from a 2010 Student Leadership Assessment showing that 98 per cent of actively involved students report that extracurricular participation actually improved their GPAs.

Career Training

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Penguins star Evgeni Malkin looks on during a IIHF World Championship game between Russia and Sweden in May in Stockholm. Malkin has signed up with KHL team Magnitogorsk. MARTIN ROSE/BONGARTS/GETTY IMAGES FILE



Jaromir Jagr of the Philadelphia Flyers skates against the New York Islanders in March in Uniondale, N.Y. Jagr has agreed to return to the Czech Republic to play for the team Kladno. BRUCE BENNETT/GETTY IMAGES FILE

## Some locked-out NHL players Europe-bound

**NHL.** Reigning MVP Evgeni Malkin among list of those going abroad

With the doors locked shut at NHL arenas, the best hockey players on the planet are turning their focus to a new world of opportunities.

Every player on a NHL roster as of Sunday morning became free to seek other work for the duration of the lockout, and many started doing so immediately. Reigning NHL MVP Evgeni Malkin (Magnitogorsk) and Pavel Datsyuk (Ak Bars) were among those who signed deals to play in the Russian-based KHL while Jaromir Jagr (Kladno) is going to the Czech Republic and Jussi Jokinen

### Quoted

**"The scary part is I think you'll see some of the best players in the game (going over). Let's hope they come back when they're going to get paid the dollars they're going to get paid in some of these leagues to go play now."**

Calgary Flames forward Mike Cammalleri

(Karpas) inked a deal in Finland.

Teams from Switzerland, Sweden and Germany will come calling as well. Depending on the length of the lockout, it could result in a massive displacement of players throughout the hockey world.

The NHL locked out its players at midnight on Saturday and released a message to fans on its website the following day, saying "this is a time

of year for all attention to be focused on the ice, not on a meeting room." Meanwhile, the NHLPA sent out a video montage with players talking about what they'll miss about not playing and ended with the statement: "This is an NHL owners lockout."

Nearly 400 NHL players suited up in 19 different European leagues during the lockout that cancelled the entire 2004-05 season. It was a migration that came with a

fair bit of controversy as the NHLers pushed others out of jobs.

The debate has restarted again, but it's unlikely to deter many of the 750 locked-out NHLPA members.

"I'm a hockey player and it's a competitive business," said Pittsburgh Penguins captain Sidney Crosby. "Would I look forward to that opportunity of taking someone's job? No. But at the end of the day I'm a hockey player."

Now in its fifth season, the KHL believes it is in a position to capitalize on the availability of so many elite players. **THE CANADIAN PRESS**



For the latest news on the NHL lockout, visit [metronews.ca/tag/nhl](http://metronews.ca/tag/nhl)

### CFL

## Cavillo and Als beat Roughriders

Veteran Anthony Calvillo got the win against a rookie making his first CFL start but the 40-year-old Montreal Alouettes quarterback wasn't crowing about it after the game.

The Alouettes took the lead in the first half and held on for a 28-17 win over Drew Willy and the Saskatchewan Roughriders on a flag-filled afternoon at Percival Molson Stadium on Sunday.

The Alouettes (7-4) moved into first place in the East Division, two points ahead of the Toronto Argonauts, who will visit Montreal next Sunday.

"What I liked is that when we came back into the locker-room guys were excited that we won but they were also upset at the fact that we didn't perform offensively," said Calvillo. "That's a good sign."

**THE CANADIAN PRESS**

### NASCAR

## Keselowski wins first race of the Chase in Chicago

Brad Keselowski raced to an impressive victory in the opening race of the Chase for the Sprint Cup, outduelling five-time champion Jimmie Johnson at Chicagoland Speedway on Sunday.

Keselowski got ahead of Johnson after a crucial pit cycle with about 35 laps remaining and led the final 26 laps in the 400-mile race, holding on comfortably from there for his first victory in a Chase race. He also takes over the points lead.

It's Keselowski's fourth victory of the season. He leads Johnson by three points. **THE ASSOCIATED PRESS**

### Mobile sports



Qriket

The NFL removed a replacement official from the New Orleans-Carolina game on Sunday because it discovered he's a Saints fan. Brian Stropolo is from New Orleans and posted several photos of himself in Saints gear on his Facebook page. Scan the code for the story.

## Raonic leads Canada to Davis Cup World Group



Milos Raonic returns a volley against South Africa's Izak van der Merwe in Davis Cup action on Sunday in Montreal. PETER MCCABE/THE CANADIAN PRESS

Milos Raonic wanted a dominating win Sunday after what he felt was a lax effort two days earlier.

He did exactly that and in dominant fashion, beating Izak van der Merwe 6-2, 6-2, 6-4 to clinch the Davis Cup best-of-five series over South Africa.

The victory secures Canada's spot in the elite World Group, while South Africa is relegated to zone play.

Raonic was happy he won his opening singles match but wasn't pleased with his performance. With the World Group spot in sight, the 21-year-old from Thornhill, Ont., took to the court hungry to finish

### Two-in-a-row

It marked a second straight year that Canada won its Davis Cup tie to advance to the World Group.

on top.

"I came out with more of an accomplished goal, other than winning. I came out, did a lot of things well, played on my terms and did what I wanted to do," he said. "The other day I waited for him to lose to me. Today, I played."

South Africa entered the tie matches down two of its top

players. Kevin Anderson didn't travel to Montreal and Rik de Voest was forced to withdraw with a wrist injury.

"We came here wanting to win but unfortunately things didn't work out the way we planned. Obviously Rik getting injured didn't help our cause," South Africa captain John Laffie de Jager said. "Two of our top guys didn't play. The team that was here did their best."

Raonic got off to a quick start Sunday against van der Merwe, breaking him in the opening game. His renowned serve was once again his strength, as he held serve in each game of the first set. **THE CANADIAN PRESS**



## NFL. Panthers' ground game shows up to run all over Saints' defence

Cam Newton talked all week about how much better the Carolina Panthers were on offence then they showed in their season opener. He proved it on Sunday.

The second-year quarterback threw for 253 yards and ran for a career-high 71 yards and led the Panthers to a 35-27 win over New Orleans and leaving the NFC South champion Saints 0-2 for the first time since 2007.

"Times change," wide receiver Steve Smith said of Carolina's first win over New Orleans since 2009.

Coach Ron Rivera said a loss to Drew Brees and the Saints would have been tough to take especially with a tough game coming up Thursday night against the Super Bowl champion New York Giants.

"The way we responded as a team this week was outstanding," Rivera said. "I think the attitude, the effort was great."

The Panthers tied a club record last week with 10 yards rushing in a loss to Tampa Bay.

They had no such problems moving the ball against the Saints. They got the running game going in the second quarter and rolled up 219 yards on the ground and 463 overall.

Newton, DeAngelo Williams and Mike Tolbert all



Cam Newton of the Carolina Panthers rushes the ball against the New Orleans Saints on Sunday in Carolina. STREETER LECKA/GETTY IMAGES

scored on short touchdown runs and Steve Smith overcame a sore knee to finish with 104 yards receiving — the 39th 100-yard receiving game of his career.

Jonathan Stewart hauled in a 17-yard touchdown catch for the Panthers and Brandon LaFell had six catches for 90 yards.

The Saints, meanwhile, have serious concerns on defence.

They've allowed 922 yards and 75 points in two games against Cam Newton and Robert Griffin III.

THE ASSOCIATED PRESS

### NFL

## Luck earns first win in home debut

Andrew Luck sure didn't play like a rookie Sunday afternoon.

He looked like a new, younger version of Peyton Manning.

The Colts rookie threw two touchdown passes, took advantage of several key Minnesota penalties and

marched Indianapolis 45 yards in 23 seconds to set up Adam Vinatieri for a 53-yard field goal with 8 seconds left, which gave Indianapolis a 23-20 victory over Minnesota in Luck's home debut.

"It's just amazing that the guy's able to go out there and do the things he does as a rookie," Colts coach Chuck Pagano said. "He certainly had to put the ball on them, and he did."

THE ASSOCIATED PRESS

# Vizquel's milestone hit sparks Jays' offence

MLB. 45-year-old moves into tie for 42nd on all-time hit list; Hechavarria blasts two-run home run

As Omar Vizquel winds down his career, it seems like he reaches a milestone with each hit.

It also helps when they win games as well.

The 45-year-old hit a two-out single in the seventh inning against left-hander Jon Lester to break a 0-0 tie and the Toronto Blue Jays went on to beat the Boston Red Sox 5-0 on Sunday.

The single was Vizquel's second hit of the game and tied him with Jesse Burkett for 42nd on the all-time list with 2,872.

The single was followed by a two-run homer by Adeiny Hechavarria, his second as a major-leaguer. The Blue Jays added two in the eighth in front of 21,698 fans at Rogers Centre.

Vizquel's next hit ties him with Babe Ruth and it could come at Yankee Stadium where the Blue Jays open a three-game series against New York on Tuesday.

Blue Jays manager John Farrell said Vizquel will get the chance.

"I'd be crazy not to," he said. "Given today's performance with two more hits. For him to tie if possible in New York will be very fitting."

"Not even in my wildest dreams was I going to think that you can bring the name of Babe Ruth next to mine and compare it with hits and other things there have been in my career," Vizquel said. "When I started the season I wasn't really thinking about numbers. I was just trying to go out there and finish my career strong."



Toronto Blue Jays shortstop Adeiny Hechavarria, right, celebrates his two-run home run with teammate Omar Vizquel against the Boston Red Sox in Toronto on Sunday. NATHAN DENETTE/THE CANADIAN PRESS

### Buffalo-bound

## Farm club on the move

The Blue Jays are expected to pull their triple-A farm club out of Las Vegas this off-season and bring it east to Buffalo.

An announcement on

the move could come as soon as Tuesday.

Buffalo is home to the Bisons and a wonderful downtown park called Coca-Cola Field, which has hosted the New York Mets' top farm club the past two seasons.

TORSTAR NEWS SERVICE

second. Vizquel singled him home.

Toronto righty Brandon Morrow did not factor in the decision after pitching six

scoreless innings in which he held Boston to four hits and a walk. Reliever Brandon Lyon picked up the win.

THE CANADIAN PRESS

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MLB									
AMERICAN LEAGUE									
EAST DIVISION									
	W	L	Pct	GB					
New York	83	63	.568	—					
Baltimore	82	64	.562	1					
Tampa Bay	78	68	.534	5					
Toronto	66	79	.455	16½					
Boston	66	81	.449	17½					
CENTRAL DIVISION									
	W	L	Pct	GB					
Chicago	79	66	.545	—					
Detroit	77	68	.531	2					
Kansas City	66	80	.452	13½					
Cleveland	61	86	.415	19					
Minnesota	60	87	.408	20					
WEST DIVISION									
	W	L	Pct	GB					
Texas	87	59	.596	—					
Oakland	84	62	.575	3					
Los Angeles	80	67	.544	7½					
Seattle	70	77	.476	17½					

**Sunday's results**  
Toronto 5 Boston 0  
Baltimore 9 Oakland 5  
Chicago White Sox 9 Minnesota 2  
Cleveland 7 Detroit 6  
L.A. Angels 4 Kansas City 3  
N.Y. Yankees 6 Tampa Bay 4  
Texas 2 Seattle 1  
**Saturday's results**  
Boston 3 Toronto 2  
Chicago White Sox 5 Minnesota 3  
Detroit 5 Cleveland 3  
Kansas City 3 L.A. Angels 2  
N.Y. Yankees 5 Tampa Bay 3  
Oakland 5 Baltimore 2  
Seattle 8 Texas 6  
**Monday's games — All Times Eastern**  
Detroit (Fister 9-8) at Chicago White Sox (Quintana 6-4), 2:10 p.m.  
Boston (A.Cook 3-10) at Tampa Bay (Cobb 9-8), 7:10 p.m.  
Baltimore (Tillman 7-2) at Seattle (Noesi 2-11), 10:10 p.m.

#### BLUE JAYS 5, RED SOX 0

Boston	ab	r	h	bi	Toronto	ab	r	h	bi
Pézdink if	3	0	0	0	Lawrie 3b	4	1	1	0
McGomph	1	0	0	0	Rasmis cf	4	1	1	1
Kalish lf	0	0	0	0	Arenci c	3	0	0	0
Pedroia 2b	4	0	2	0	Lind 1b	4	0	0	0
Elzour cf	3	0	1	0	Siera rf	3	0	1	1
C.Ross if	4	0	1	0	YGomis dh	3	0	1	0
Loney 1b	4	0	0	0	RDavis pr-dh	1	1	0	0
Sltmich	4	0	1	0	Vizquel 2b	4	1	2	1
Lvrnwyc	4	0	1	0	Hdvrr ss	3	1	1	2
Ciriaco 3b	3	0	1	0	Gose lf	3	0	0	0
Iglesias ss	2	0	0	0					
Navs ph	1	0	0	0					
Aviles ss	0	0	0	0					
<b>Totals</b>	<b>33</b>	<b>0</b>	<b>7</b>	<b>0</b>	<b>Totals</b>	<b>32</b>	<b>5</b>	<b>7</b>	<b>5</b>

**Boston** 000 000 000 — 0  
**Toronto** 000 000 32x — 5  
E—Lester (2), Kalish (4), DP—Toronto 1.  
LOB—Boston 7, Toronto 5. 2B—Lavarnway (5), Lawrie (23), Vizquel (3). HR—Hechavarria (2). SB—Ciriaco (14), R.Davis (44).  
**Boston** IP H R ER BB SO  
Lester L9-12 7 4 3 3 1 7  
Bard 0 2 2 2 1 0  
A.Miller 1-3 0 0 0 0 0 0  
Atchison 2-3 1 0 0 0 0 0  
**Toronto**  
Morrow 6 4 0 0 0 1 3  
Cecil 1-3 0 0 0 0 0 1  
Lyon W,3-0 2-3 1 0 0 0 0 0  
Oliver H,15 1 2 0 0 0 0  
Janssen 1 0 0 0 0 0 1  
Bard pitched to 3 batters in the 8th.  
Umpires—Home, Brian Gorman; First, Todd Tichenor; Second, Tony Randazzo; Third, Bob Davidson.  
T—2:42. A—21,698 (49,260) at Toronto.

CFL									
WEEK 12									
EAST DIVISION									
	GP	W	L	T	PF	PA	Pt		
Montreal	11	7	4	0	301	327	14		
Toronto	11	6	5	0	278	274	12		
Hamilton	11	4	7	0	341	347	8		
Winnipeg	11	2	9	0	203	365	4		
WEST DIVISION									
	GP	W	L	T	PF	PA	Pt		
B.C.	11	8	3	0	298	204	16		
Calgary	11	7	4	0	312	257	14		
Saskatchewan	11	5	6	0	284	234	10		
Edmonton	11	5	6	0	247	256	10		
<b>Sunday's result</b>									
Montreal 28 Saskatchewan 17									
<b>Saturday's results</b>									
B.C. 28 Toronto 23									
Hamilton 51 Edmonton 8									
<b>Friday's result</b>									
Calgary 44 Winnipeg 3									
<b>WEEK 13</b>									
<b>Friday, Sept. 21 — All Times Eastern</b>									
Hamilton at Winnipeg, 8 p.m.									
<b>Saturday, Sept. 22</b>									
B.C. at Edmonton, 7:30 p.m.									
<b>Sunday, Sept. 23</b>									
Toronto at Montreal, 1 p.m.									
Calgary at Saskatchewan, 4 p.m.									

#### ALOUETTES 28, ROUGHRIDERS 17

**First Quarter**  
Mtl — TD Whitaker 3 run (Whyte convert) 4:12  
**Sask — FG De Angelis 48 8:17**  
Mtl — TD McPherson 1 run (Whyte convert) 10:44  
**Second Quarter**  
Mtl — Single Whyte 43 7:39  
**Sask — FG De Angelis 46 10:42**  
Mtl — TD Bratton 8 pass from Calvillo (White convert) 14:22  
**Third Quarter**  
**Sask — Safety Whyte concedes 4:02**  
**Sask — Safety Whyte concedes 6:37**  
**Fourth Quarter**  
**Sask — TD Sheets 33 pass from Willy (De Angelis convert) 0:45**  
Mtl — FG Whyte 34 8:18  
Mtl — FG Whyte 41 13:05  
**Saskatchewan 3 3 4 7 — 17**  
**Montreal 14 8 0 6 — 28**  
**Attendance — 23,147 at Montreal.**

SATURDAY									
LIONS 28, ARGONAUTS 23									
First Quarter									
B.C. — Single McCallum 41 2:25									
Tor — TD Black 2 fumble return (Waters convert) 11:09									
Second Quarter									
B.C. — FG McCallum 32 7:02									
B.C. — TD Gore 39 pass from Lulay (McCallum convert) 11:51									
B.C. — TD Bruce 20 pass from Lulay (McCallum convert) 14:55									
Third Quarter									
Tor — FG Waters 41 4:08									
Tor — FG Waters 37 12:35									
Fourth Quarter									
B.C. — FG McCallum 43 1:43									
Tor — FG Waters 36 3:52									
B.C. — TD Lumbala 1 run (McCallum convert) 7:21									
Tor — TD Owens 52 pass from Ray (Waters convert) 9:52									
<b>Toronto 7 0 6 10 — 23</b>									
<b>B.C. 1 17 0 10 — 28</b>									
<b>Attendance — 28,526 at Vancouver.</b>									

TIGER-CATS 51, ESKIMOS 8									
First Quarter									
Edm — Single Shaw 48 2:10									
Edm — TD Messam 1 run (Shaw convert) 7:25									
Second Quarter									
Ham — FG Congi 10 2:00									
Ham — FG Congi 22 7:04									
Ham — FG Congi 45 13:06									
Ham — TD B.Grant 58 blocked field goal return (Congi convert) 15:00									
Third Quarter									
Ham — TD Stala 87 pass from Burris (Congi convert) 3:19									
Ham — TD Fantuz 21 pass from Burris (Congi convert) 8:35									
Ham — TD C.Williams 25 pass from Burris (Congi convert) 12:37									
Fourth Quarter									
Ham — TD Cobourne 12 run (Congi convert) 10:33									
Ham — TD Webb 98 interception return (Congi convert) 13:18									
<b>Edmonton 8 0 0 0 — 8</b>									
<b>Hamilton 0 16 21 14 — 51</b>									
<b>Attendance — 24,162 at Hamilton.</b>									

GOLF									
LPGA BRITISH OPEN									
At Hoylake, England									
Par 72 (35-37)									
Final Round									
Jiyai Shin	71	64	71	73	— 279				
Inbee Park	72	68	72	76	— 288				
Paula Creamer	73	72	72	72	— 289				
Mika Miyazato	71	70	72	77	— 290				
So Yeon Ryu	70	74	71	76	— 291				
Karrie Webb	71	70	68	82	— 291				
Julietta Granada	74	71	74	74	— 293				
Stacy Lewis	74	70	76	74	— 294				
Katie Futcher	71	71	73	79	— 294				
I.K. Kim	75	72	73	75	— 295				
Catriona Matthew	76	73	71	75	— 295				
Chella Choi	72	73	72	78	— 295				
Na Yeon Choi	73	73	75	75	— 296				
Cindy LaCrosse	73	75	72	76	— 296				
Cristie Kerr	72	73	74	77	— 296				
Michelle Wie	75	70	72	79	— 296				

#### SOCCER

##### MLS

EASTERN CONFERENCE									
	GP	W	L	T	GF	GA	Pt		
Kansas City	28	15	7	6	35	25	51		
Chicago	28	15	8	5	40	33	50		
New York	28	14	7	7	49	40	49		
Houston	29	12	7	10	41	34	46		
D.C. United	28	13	10	5	45	39	44		
Columbus	28	12	10	6	34	35	42		
Montreal	30	12	15	3	44	49	39		
New England	29	7	15	7	36	40	28		
Philadelphia	26	7	13	6	26	31	27		
Toronto	29	5	17	7	32	51	22		

##### WESTERN CONFERENCE

	GP	W	L	T	GF	GA	Pt		
x-San Jose	28	17	6	5	58	33	56		
Seattle	28	13	6	9	44	29	48		
Real Salt Lake	29	14	11	4	38	33	46		
Los Angeles	29	14	11	4	50	40	46		
Vancouver	29	10	12	7	29	38	37		
Dallas	30	9	12	9	35	38	36		
Colorado	29	9	18	2	36	43	29		
Chivas USA	27	7	13	7	21	43	28		
Portland	28	7	14	7	28	47	28		

x — clinched playoff berth.  
**Saturday's results**  
Philadelphia 1 Toronto 1  
Chicago 3 Montreal 1  
Dallas 1 Vancouver 0  
D.C. United 2 New England 1  
New York 3 Columbus 1  
San Jose 2 Chivas USA 0  
Seattle 1 Portland 1

NFL									
AMERICAN CONFERENCE									
EAST									
	W	L	T	Pct	PF	PA			
N.Y. Jets	1	1	0	.500	58	55			
New England	1	1	0	.500	52	33			</



## Horoscopes

### Aries

March 21 - April 20

There may be times when you find it hard to smile but you can find a reason if you look hard enough. What is it that makes your life worth living? What is it that inspires you the most? So do it.

### Taurus

April 21 - May 21

Some people may be a bit of a pain but if you stay calm and do what is expected of you then by the end of the week your name will be up in lights. Help others now and they will help you later.

### Gemini

May 22 - June 21

Stay on good terms with colleagues over the next few days, because if you fall out now you may regret it later. By the time the Sun moves in your favour again on the 22nd you'll all be friends again.

### Cancer

June 22 - July 23

No matter how difficult it might be to find a solution to a complex personal problem, if you give it some thought today you will come up with something that does the trick. You're pretty good at problem solving.

### Leo

July 24 - Aug. 23

Today's Mercury-Neptune link will force you to recognize certain truths that have always been there but which you have contrived to ignore. Start by realizing that a so-called friend is nothing of the sort.

### Virgo

Aug. 24 - Sept. 23

Don't waste time thinking about what might have been. What's done is done and cannot be undone and the sooner you accept that, the sooner you can move on. There is still so much you can accomplish.

### Libra

Sept. 24 - Oct. 23

Your past efforts will be fully rewarded, though maybe not immediately. The Sun's move into your sign on the 22nd marks the start of a new solar year — that's when your luck is most likely to change.

### Scorpio

Oct. 24 - Nov. 22

You need to push your emotions to one side and do what has to be done. Certain people may not thank you for it now but they will realize later on that you were doing it entirely for their own good.

### Sagittarius

Nov. 23 - Dec. 21

Because you are such a can-do person you are always helping other people, but over the next few days your time will be limited, so only help those who truly deserve it. That's probably not very many.

### Capricorn

Dec. 22 - Jan. 20

You will be called upon to make sacrifices over the next seven days, but don't think of it as a chore. Make an effort for other people now and they will make an even bigger effort for you later on.

### Aquarius

Jan. 21 - Feb. 19

You are both hard-working and socially responsible and that's a combination that is hard to beat. It's also a combination that will get you noticed over the next few days, and maybe promoted. You deserve it.

### Pisces

Feb. 20 - March 20

If you find it hard to adopt a positive attitude towards negative people today then maybe you should remove yourself from their presence for a while. If they think they might lose you their attitude will change.

SALLY BROMPTON

## Crossword: Some of This and Some of That

### Across

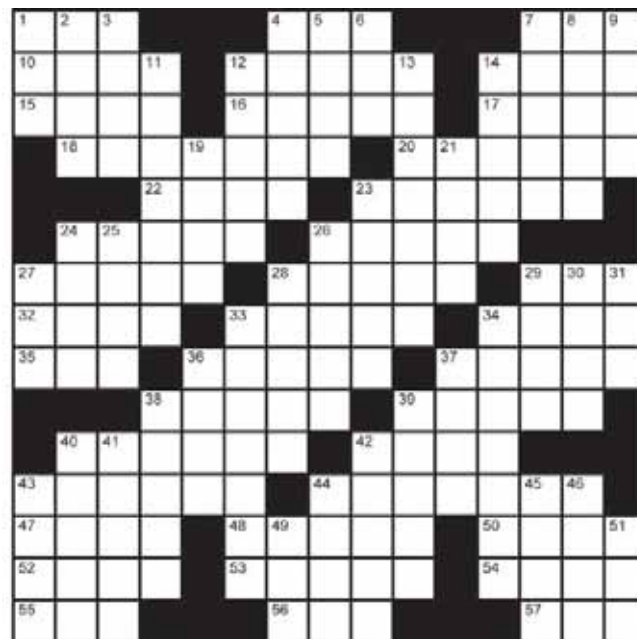
1. PC maker
4. Attractive leg, slangily
7. Mu \_\_\_ pork: Chinese dish
10. Alone, as at a dance
12. Blocks for young builders
14. Ark units
15. Kitty's contented croon
16. Some Yukon natives
17. Longings
18. Symbol of regal power
20. National Park north of Banff National Park
22. "... golden days of \_\_\_": past time
23. Automotons
24. "\_\_\_ bleu!": mild French oath
26. Montréal singer-poet Leonard most known for "Suzanne"
27. Louisianian, a word that's from "Acadian"
28. \_\_\_ Mrs. Smith: 2005 Angelina Jolie, Brad Pitt film (2 wds.)
29. "I can't \_\_\_ thing with my hair!" (2 wds.)
32. Take \_\_\_: sleep briefly (2 wds.)
33. Years and years
34. Corn holders
35. Tyrannosaurus \_\_\_
36. Caramel-topped desserts
37. Seeps
38. BC-born pop singer Michael
39. Common trashcan site
40. Calgary team
42. Group of three
43. The longest river in BC,

it has its mouth at Vancouver

44. Knight suits
47. Fail at poker
48. Quintessential Canadian cap
50. Some TVs
52. "Beware the \_\_\_ of March": Julius Caesar
53. As stubborn as \_\_\_ (2 wds.)
54. Censor's target
55. Craggy hilltop
56. Earnings
57. Tissue box word

### Down

1. AOL or MSN
2. A/C capacity measures
3. Antony who eulogized Caesar
4. Mystery or romance
5. Chills and fever fit
6. Me: Fr.
7. Cleaned out, as a chimney
8. Sharpens, as a knife
9. Soviet Union
11. CFL championship game (2 wds.)
12. Gasoline unit
13. NL capital (2 wds.)
14. Victoria-born writer Ian of "Four Strong Winds"
19. Censor's target
21. Laid up
23. Brownish horses
24. Of sound mind
25. "Cleans like a white tornado" product
26. Witch
27. Windsor, Ontario product



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28. Banquets
29. Catch 40 winks
30. Heed
31. Donkey
33. 20-Across's province
34. Palette contents
36. Be extremely furious
37. Dish with some of this and some of that
38. Bottoms
39. Fighting force: Fr.
40. The Lord of the Rings
- ringbearer
41. CD beam
42. "Yours \_\_\_": letter closing
43. Dart here and there
44. Shade of blue
45. Canadian force
46. David's biblical predecessor
49. Ref
51. Pig pen

## Friday's Crossword



## What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

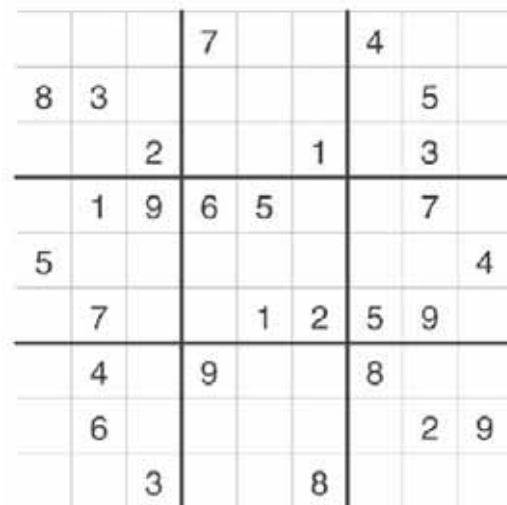


## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Friday's Sudoku



**Today**

26°/15°

Partly cloudy

**Tuesday**

20°/6°

Rain

100%

Know what the weather will be 14 days from now.

Check the 14 day trend.

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#### 09 Audi A4 Quattro

• CONVERTIBLE,  
AWD, Loaded, Lthr  
• st: 33874  
• km: 23268

**\$32,950**

'297"  
Bi-weekly



#### 08 BMW 328i

• Loaded, A/C,  
Lthr, Roof, Auto  
• st: 33765  
• km: 92648

**\$19,650**

'216"  
Bi-weekly



#### 08 Lexus IS250

• AWD, Loaded,  
Lthr, Roof, Auto  
• st: 29824  
• km: 75146

**\$24,840**

'260"  
Bi-weekly

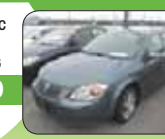


#### 07 Pontiac G5 se

• Loaded, A/C  
• st: 33310  
• km: 60796

**\$6,950**

'76"  
Bi-weekly



#### 09 Toyota Yaris

• Loaded, A/C  
• st: 12287-A  
• km: 50295

**\$9,960**

'95"  
Bi-weekly



#### 08 Suzuki SX4

• Loaded, A/C  
• st: 33948  
• km: 50342

**\$8,960**

'98"  
Bi-weekly

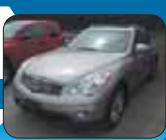


#### 08 Infiniti EX35

• AWD, Loaded,  
A/C, Roof, Lthr  
• st: 33822  
• km: 105315

**\$19,880**

'218"  
Bi-weekly



#### 08 Benz B200

• Loaded,  
A/C, Auto  
• st: 34280  
• km: 71303

**\$16,950**

'186"  
Bi-weekly



#### 08 Benz C230 4Matic

• AWD, Loaded,  
Lthr, Roof, Auto  
• st: 34149  
• km: 40268

**\$25,980**

'272"  
Bi-weekly



#### 07 Wave

• Std  
• st: 34093  
• km: 79214

**\$5,960**

'65"  
Bi-weekly



#### 07 Spectra LX

• Auto  
• st: 33706  
• km: 33022

**\$8,470**

'93"  
Bi-weekly



#### 09 Chevrolet Aveo LS

• A/C, Auto  
• st: 31053-A  
• km: 66333

**\$8,820**

'84"  
Bi-weekly



#### 08 Volvo XC90

• AWD, Loaded,  
Roof, Lthr  
• st: 33566  
• km: 44617

**\$26,950**

'283"  
Bi-weekly



#### 08 Benz ML350 4Matic

• NAV, Loaded,  
Lthr, Roof, A/C  
• st: 33735  
• km: 63039

**\$29,995**

'356"  
Bi-weekly



#### 11 BMW 323

• AWD, Loaded,  
Roof, Lthr, Auto  
• st: 33997  
• km: 39143

**\$29,740**

'237"  
Bi-weekly



#### 11 Ford Fiesta se

• Loaded, A/C,  
Auto  
• st: 33517  
• km: 50713

**\$13,980**

'119"  
Bi-weekly



#### 08 Cobalt LS

• Std  
• st: 34124  
• km: 72981

**\$6,570**

'72"  
Bi-weekly



#### 07 Suzuki Swift

• Loaded, A/C  
• st: 33291  
• km: 48697

**\$7,340**

'81"  
Bi-weekly



#### 08 BMW X3

• AWD, Loaded,  
Roof, Lthr, Auto  
• st: 33285  
• km: 51156

**\$29,650**

'311"  
Bi-weekly



#### 07 Cadillac CTS

• Loaded, A/C,  
Lthr, Auto  
• st: 33383  
• km: 64065

**\$16,930**

'186"  
Bi-weekly



#### 09 Benz E300 4Matic

• NAV, Loaded,  
Lthr, Roof, A/C  
• st: 33686  
• km: 46356

**\$33,840**

'305"  
Bi-weekly



#### 08 Accent GLS

• Loaded, A/C  
• st: 12245-A  
• km: 109989

**\$6,380**

'70"  
Bi-weekly



#### 09 Kia Rio LX

• Std  
• st: 34055  
• km: 88234

**\$7,970**

'76"  
Bi-weekly



#### 08 Nissan Versa

• Loaded, A/C,  
Auto  
• st: 33909  
• km: 97172

**\$8,940**

'98"  
Bi-weekly



## UNBEATABLE OFFERS ON ALL MAKES & MODELS

**11 FORD E350 XLT SUPER DUTY**  
LOADED, A/C • 14223km  
st:34214 • **\$25,860** • bw:\$206"

**08 MAXIMA 3.5SE**  
LOADED, A/C, AUTO • 89027km  
st:34120 • **\$14,870** • bw:\$163"

**12 FOCUS SEL**  
LOADED, A/C • 9343km  
st:33614 • **\$20,890** • bw:\$167"

**08 HONDA CR-V 4WD**  
LOADED, A/C, AUTO • 95955km  
st:33532 • **\$14,850** • bw:\$163"

**11 AVENGER SXT**  
LOADED, A/C, ROOF, AUTO • 20276km  
st:33541 • **\$16,850** • bw:\$143"

**10 MINI COOPER CLUBMAN**  
LOADED, LTHR, ROOF • 71969km  
st:33620 • **\$21,650** • bw:\$173"

**11 SIENNA LE**  
LOADED, A/C • 50429km  
st:34134 • **\$25,950** • bw:\$207"

**08 SAAB 9-3 2.0T**  
LOADED, A/C, LTHR, ROOF • 90901km  
st:33488 • **\$13,980** • bw:\$154"

**09 ESCAPE XLT 4WD**  
LOADED, A/C, AUTO • 96465km  
st:32908-A • **\$14,860** • bw:\$142"

**07 MAZDA CX-7 AWD**  
LOADED, A/C • 97217km  
st:34169 • **\$12,860** • bw:\$141"

**10 MAZDA 3**  
STD • 31765km  
st:34201 • **\$10,970** • bw:\$93"

**07 MAGENTIS LX**  
LOADED, A/C • 100505km  
st:34194 • **\$7,980** • bw:\$88"

**07 TUCSON GLS**  
LOADED, A/C • 91780km  
st:34027 • **\$8,970** • bw:\$99"

**10 FORD RANGER SPORT**  
A/C, AUTO • 49960km  
st:33722 • **\$14,900** • bw:\$127"

**08 ODYSSEY LX**  
LOADED, A/C • 89036km  
st:33421 • **\$16,750** • bw:\$184"

**10 TOYOTA MATRIX**  
LOADED, A/C, AUTO • 55791km  
st:33938 • **\$14,750** • bw:\$126"

**10 CHRYSLER 300**  
LOADED, A/C • 37776km  
st:32861 • **\$15,800** • bw:\$134"

**11 HONDA CR-Z HYBRID COUPE**  
LOADED, A/C, AUTO • 10017km  
st:33654-A • **\$19,460** • bw:\$166"

**12 ELANTRA**  
LOADED, A/C • 13753km  
st:34096 • **\$15,850** • bw:\$135"

**08 MAZDA 5**  
LOADED, A/C, LTHR, ROOF • 101468km  
st:34067 • **\$10,980** • bw:\$121"

**07 MAZDA RX-8**  
LOADED, A/C, LTHR, ROOF • 70819km  
st:34219 • **\$14,980** • bw:\$165"

**08 RABBIT**  
LOADED, A/C • 92582km  
st:34270 • **\$10,950** • bw:\$120"

**08 ACCORD EX**  
LOADED, A/C, ROOF, AUTO • 98887km  
st:32255 • **\$13,870** • bw:\$152"

**09 SANTA FE**  
LOADED, A/C, AUTO • 49282km  
st:33258-A • **\$16,970** • bw:\$162"

**10 SENTRA**  
LOADED, A/C, AUTO • 60529km  
st:32385 • **\$11,400** • bw:\$97"

**08 SONATA GLS**  
LOADED, A/C, AUTO • 84417km  
st:34208 • **\$9,960** • bw:\$109"

**11 FUSION SEL AWD**  
LOADED, A/C, LTHR, ROOF • 15190km  
st:34153 • **\$20,970** • bw:\$167"

**11 SUZUKI KIZASHI**  
LOADED, A/C, AUTO • 34328km  
st:33619 • **\$16,970** • bw:\$144"

**08 ROGUE S**  
LOADED, A/C, AUTO • 99206km  
st:33988 • **\$12,840** • bw:\$141"

**11 LANCER SPORTBACK**  
LOADED, A/C • 20170km  
st:34002 • **\$16,950** • bw:\$144"

**11 CAMRY LE**  
LOADED, A/C, AUTO • 49156km  
st:33164 • **\$18,550** • bw:\$158"

**09 COROLLA CE**  
LOADED, A/C • 91942km  
st:34183 • **\$10,670** • bw:\$102"

**07 VOLVO S40**  
LOADED, A/C, AUTO • 77996km  
st:34197 • **\$14,980** • bw:\$165"

**08 RONDO LX**  
LOADED, A/C, AUTO • 55276km  
st:34145 • **\$9,380** • bw:\$103"

**09 FORD F-150 XL**  
LOADED, A/C, AUTO • 96779km  
st:34160-A • **\$13,780** • bw:\$131"

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